

FOR IMMEDIATE RELEASE
Jessamine County, Kentucky
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"Jessamine County Women's Check-up Day offers free health screenings"

On Monday, May 12, Jessamine County's Women's Check-up Day, a day designed to offer county residents a "one stop" source of numerous health screenings including those for cholesterol, glucose and body fat, will celebrate its fifth year.

In addition to door prizes and other giveaways, approximately 12 health screenings (valued at a total of approximately \$500) will be offered during the event at no charge to participants. The various health care providers who will have displays and provide screenings are also providing the door prizes and giveaways, according to Jessamine County Health Department Health Educator Andrea Brown.

"Everyone always loves the giveaways, but even more, they really seem to appreciate the fact that we offer so many different types of screenings, and that they're absolutely free," Brown said.

The event, sponsored by Jessamine County's EMS, Health Department and Fiscal Court, as well as Jessamine Medical, a local healthcare provider, will be held from 10 a.m. – 2 p.m. at Jessamine Career & Technology Center, 881 Wilmore Road, Nicholasville, KY.

Screenings offered include: blood pressure, EKG, pulse, cholesterol, body fat, glucose, derma scan, bone/heel scan, hearing and vision, chiropractic screenings and massage therapy.

For more information, call 885-4149 ext. 1025.